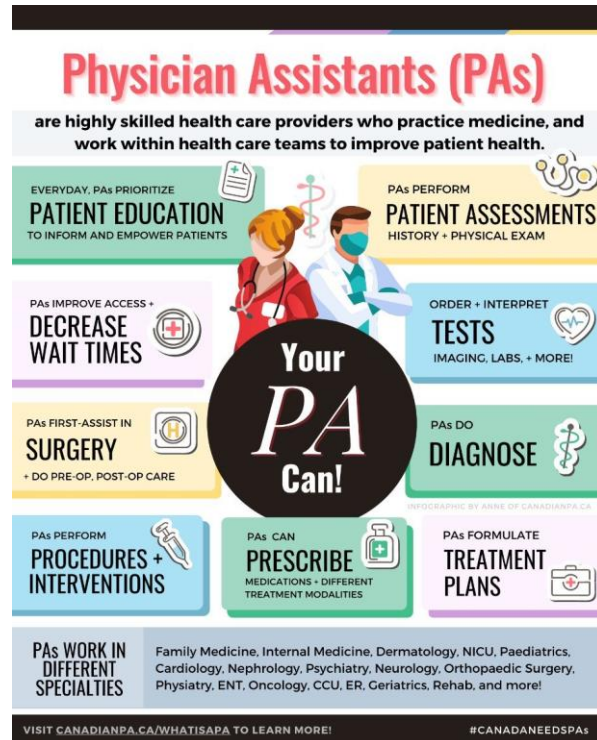


Next Meeting!

- *When:* Wednesday, February 19th
 - o 8 – 9 pm
- *Where:* Centennial Hall 1400
- *What:* Guest Speakers
 - o Major Baldwin
 - ♣ Experience in Aviation Medicine, joining the guard as a PA, etc.
 - o Caysi Orbison
 - ♣ First year dual degree PA/Master of Public health student
 - ♣ Talking about application process, interviews, applying outside the Midwest, and what an MPH dual program is like
- *Who:* Everyone!

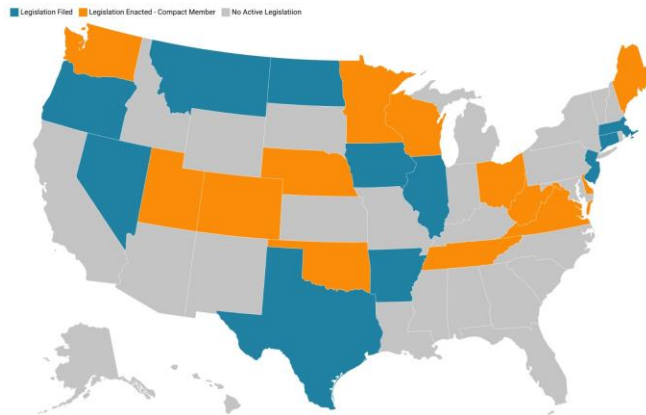
What did we talk about?

- On Wednesday, we talked about the basic role of a PA and some examples of their responsibilities.



- We talked about what the schedule looks like for PAs in different specialties.
 - o Hospitalists: PAs typically work 7 days on, 7 days off
 - 12-14 hour days depending on your unit
 - o Emergency Medicine: shifts rotate to cover weekends, holidays, and nights
 - 8–12-hour shifts

- Primary Care: resemble a typical 9-5, may still work evenings and weekends
 - 8-hour shifts
- Pediatrics: varied schedules depending on setting
 - Hospital: more patients with round-the-clock care
 - Clinic: may resemble a 9-5
- Dermatology: offers the most flexibility
 - Limited weekends
 - Typical hours
 - Offers a more balanced lifestyle
- PA School News
 - Two Wisconsin PA programs that are under probation: Marquette and Concordia
 - Concordia cannot accept new students
 - Concordia in St. Paul, MN is starting a new PA program
 - Starts accepting applications in April 2025 with classes starting in May 2026.
- PA Licensure Compact
 - **What is it?**
 - The PA Compact is an interstate occupational licensure compact for physician assistants (PAs). The compact facilitates multistate practice for PAs, improves health care access for patients, and enhances public protection.
 - **Who?**
 - Washington, Nebraska, Oklahoma, Minnesota, Wisconsin, Tennessee, Ohio, Utah, Colorado, Virginia, West Virginia, Maine



Spring Meeting Dates:

- February 19th (everyone)
 - Guest Speakers
- March 5th (upperclassmen)
 - CASPA and applications

- March 26th (everyone)
 - o Possible healthcare panel
- April 9th (everyone)
 - o 2nd Year UWL PA Student Panel
- April 23rd (everyone)
 - o Club elections

How to become a member of the Pre-PA Club:

1. **Join MyOrgs**
 - a. Username: beginning of UWL email
 - b. Search UWL Pre-PA club and request to join
2. **Pay club dues by 2nd meeting!**
 - a. \$10 for the semester
 - b. You can bring cash to the next meeting or Venmo @UWLprepaclub
3. **Attend Meetings**
 - a. Every member is allowed 2 absences per semester (1 excused, 1 unexcused)
 - b. Make sure to email me if you know you will be missing:
uwlprepaclub@uwlax.edu
4. **Volunteer**
 - a. We are doing something different this year. We highly recommend getting volunteer hours, but it is not mandatory for club membership. Volunteer hours are important for your resume, and we will continue to provide many volunteer hours through the club!
 - b. We are recording our club volunteer hours through UGetConnected now
 - i. You can find this by searching [UGetConnected](#) and logging in with your student email and password
 - ii. Instructional video found on our [website](#)
 - c. We are also doing a **monthly award** for the member with the most volunteer hours

Volunteering Opportunities:

UWL Blood Drive

- UWL is hosting a blood drive with American Red Cross. You can also make a blood donation, as the blood supply is very low right now. You will get volunteer hours for blood donation!
 - o When: Wednesday, February 19th and Thursday, February 20th
 - ♣ 11:00 am – 5:00 pm

- o Where: Student Union Bluffs Ballroom
- o Donor [Signup](#)

Bethany St. Joseph Bingo:

- BSJ is a local nursing home in La Crosse that allows our club to assist their residents in playing bingo. This opportunity is a fun and meaningful way for our club to get involved in the community by bringing joy to the residents. Volunteers will help bring residents to the day room and back after bingo.
 - o *When:* Thursdays 3:00 – 4:00 pm
 - o *Where:* 2501 Shelby Rd, La Crosse, WI 54601
 - o [Signup](#)

Salvation Army Volunteering:

- The UWL Pre-PA club will volunteer at the Salvation Army in La Crosse again this year. This opportunity involves serving dinner meals for those sheltering or in need of food in the La Crosse Area. This volunteer opportunity is short and sweet. You will help with set up, preparation, delivery, and clean up for the dinner hour. We are looking for two volunteers per date, so grab your friend and get your hours!
 - o *When:* Fridays 4:30 – 5:30 pm
 - o *Where:* 223 8th St N, La Crosse WI 54601
 - o [Signup](#)

Gunderson Health Systems:

- Gunderson Health Systems has volunteer opportunities available for students looking to get involved! This can be a great way to get health care experience outside of patient care hours. If you are interested in applying for volunteering, [follow this link for their application!](#)

St. Clare Health Mission:

- St. Clare Health Mission is a free volunteer clinic in our community to provide medical care to the underserved. Our club already has a big fundraiser with them, but they also have volunteers help at the clinic. This can be a great way to get health care experience outside of patient care hours. If you are interested in applying for volunteering, [follow this link to their application!](#)

Upcoming Events:

Spike for St. Clare Volleyball Tournament Fundraiser

- Our club is holding its fourth annual Spike for St. Clare fundraiser on March 7th from 5:00pm to 9:00pm (cash prizes for top 3 teams). This is a 6's volleyball tournament that raises funds for St. Clare health mission, a free clinic located in La Crosse that provides healthcare for those in need! If you are interested in creating a team and participating in this tournament, please click the link below to sign up. There is also a raffle at our event with a ton of prizes available to win!
 - o Where: MAC in the REC
 - o When: Friday, March 7th
 - ⓧ 5 pm
 - o Signup
 - ⓧ [Team Signup](#)
 - ⓧ [Volunteer Signup](#)